



9. He has kept us alive  
and has not allowed us to fall.
10. **You have put us to the test, God;  
as silver is purified by fire,  
so you have tested us.**
11. You let us fall into a trap  
and placed heavy burdens on our backs.
12. **You let our enemies trample us;  
we went through fire and flood,  
but now you have brought us to a place of safety.**
13. I will bring burnt offerings to your house;  
I will offer you what I promised.
14. **I will give you what I said I would  
when I was in trouble.**
15. I will offer sheep to be burned on the altar;  
I will sacrifice bulls and goats,  
and the smoke will go up to the sky.
16. **Come and listen, all who honor God,  
and I will tell you what he has done for me.**
17. I cried to him for help;  
I praised him with songs.
18. **If I had ignored my sins,  
the Lord would not have listened to me.**

**Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now and shall be forever. Amen.**

<i>Second reading:</i>	(Page 296) 1 Peter 3. 13-22
<i>Gradual hymn:</i>	105 Christ the Lord is risen again
<i>Gospel acclamation:</i>	<b>Alleluia! Alleluia! Jesus said: 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!</b>
<i>Gospel:</i>	(Page 137) John 14.15-21 (SPB St John 16.15)
<i>Sermon:</i>	The Revd Canon Christine Fraser

*Intercessions:* Composed and prayed on behalf of the congregation by a member of the Intercessors Group

*Peace:* A sign of the peace is exchanged with our immediate neighbours

*Offertory hymn:* 357 Father hear the prayer we offer

**Administration of Communion: Communion will be offered in two kinds. In order to assist the chalice administrators please GUIDE the chalice by the bottom(not take the vessel from them) to receive wine.**

*Communion hymn:* 352 Crown him with many crowns

*Prayer after Communion:* **Father, you restored us to life by raising your Son from death. May we who receive this sacrament always be strengthened to do your will, in the name of Jesus Christ the risen Lord. Amen**

*Blessing:* The God of peace, who brought again from the dead our Lord Jesus, that great shepherd of the sheep, through the blood of the eternal covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

*Recessional Hymn:* 355 Eternal ruler of the ceaseless round

Notices:

*All baptised Christians are warmly invited to share in Holy Communion, to receive bread alone, or to receive bread and drink from the chalice. Intinction is not permitted in this Diocese. All are welcome to receive a blessing at the altar. Gluten free wafers are available; please advise a sidesperson if you require this.*

*An Induction Loop is installed in church. Hearing aid users should adjust their aid to the T position. Large-print copies of the liturgy are available on request*

**Worship:**

Wed 13 <sup>th</sup> May	10.00am	Eucharist
Sun 17 <sup>th</sup> May	9.15am	Eucharist (SPB)
	10:30 a.m.	Sung Eucharist(1982 liturgy)

**Wi-Fi:** Wi-Fi is installed in the building. Passwords and access codes are available. Please ensure though that any mobile devices are switched off or on silent mode during services and meetings. Many thanks.

**Zumba:** Zumba will continue on Friday 15<sup>th</sup> May at 10.30am in the hall. All welcome

**Craft Group:** Craft Group will continue on Monday 11<sup>th</sup> May at 2pm in the small meeting room. All welcome.

**Gowrie House:** The next service is on Wednesday 13<sup>th</sup> May 2026 at 2pm.

**Prayers for Healing and Anointing:** The next service will be today after the 10.30am service

**Fellowship Group:** The fellowship group will meet on Thursday 28<sup>th</sup> May. All welcome.

**Ascension:** There will be a service to commemorate Ascension on Thursday 14<sup>th</sup> May 2026 at 2pm. All welcome.

**Study Group:** The group will meet on the third Wednesday of the month from 11am. The next meeting is on 20<sup>th</sup> May 2026.

**West Fife Area Council:** The next meeting of West Fife Area Council will be held on Thursday 21<sup>st</sup> May 2026 at 7.30pm in St Pauls, Kinross. Speaker The Bishop. All welcome.

**Vestry:** The next Vestry meeting will take place on Tuesday 2<sup>nd</sup> June at 7.00pm in the lower meeting room.

**Flowers:** If you would like to donate towards the cost of flowers, perhaps in memory of a loved one or a special anniversary, please speak to Janie Legge. There is no requirement to arrange the flowers, although Janie is always happy to advise anyone who would like to.

**Prayer Group:** If you, or someone you know would like prayers said then please complete a slip and place in the woven box. Your request will be responded to.

**Health and Safety:** The Fabric Repairs Log, Risk Assessment Register, Accident Book and First Aid Kit are situated in the Kitchen.

**Kirkcaldy Foodbank:** Perhaps you might consider contributing an extra tin or two to the basket in the vestibule. All donations welcome.

**The Rector:** For information, the Rector's rest day is a Friday and she will generally be away from Kirkcaldy. For URGENT pastoral issues, please leave a message on the Rectory phone and it will be attended to as soon as possible.

**Hospital Visits.** The local hospitals no longer allow access to their in-patient lists. If you, a relative or friend are admitted to hospital, please contact the Rector on 01592 204208 or [cnfraser@btinternet.com](mailto:cnfraser@btinternet.com) and visits will be arranged.

*Please pray for:*

All those in our own congregation, their families or friends who are ill, housebound or whose year's mind falls this week. Archbishop Stephen and the Karen people in Burma, Thailand and Sheffield