

The CONTACT MAGAZINE of St. Peter's with St. Mary and Leonard

Rector: Revd. Canon Christine Fraser



Harvest 2026

Regular Worship at St Peter's

Sunday's

9.15 am Said Eucharist (SPB)

10.30 am *Sung Eucharist (1982 Liturgy)*

Wednesdays

10:00 am Said Eucharist (1982 Liturgy)

Who's Who at St. Peter's

Rector: Rev. Canon Christine Fraser

Assistant Priest: *Rev. Bob Barrett*

Car Park Rentals: Maria Page

Child/Vulnerable Adults Protection: Kerry Briers

Christian Aid: Judy Webster

Rosemary Potter

Church Treasurer, Gift Aid & 100 Club Judy Webster

Duty & Tea Rotas: Judy Webster

Shirley Mann

Fabric Convener: Vestry

Flower Convener: Jane Legge

Hall & Room Hire: *Andrea Ladyka*

Lay Representatives: Shirley Mann

Maria Page

Study Group: *Rev. Bob Barrett*

Social & Fund Raising & Shirley Mann

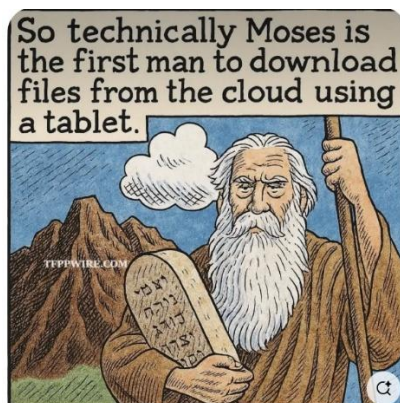
Vestry Chairman: *Rev. Christine Fraser*

Vestry Secretary: *Maria Page*

Website: www.normanward.com

CONTENTS

2	Regular Worship & Who's Who at St Peter's
3	Contents
4	Rectors Letter
7	St James the Least of All
9	Did you know?
10	General Synod 2026
11	Bible Word Search
12	50 th Anniversary Weekend
14	Skills we are losing in the Digital Age
15	Drinking from the Saucer
16	Wishart Plumbing & Because
17	Paul Kelly Roofing
18	Halls for Hire
19	Napoleon and Pasteur
20	Story Behind the Song
21	Noah's Ark
22	Bible Word Search Solution
23	Hidden Meanings Behind Book Titles
24	ScotSTAR
26	Car Parking at St Peter's
27	John Smart & Sons (Kirkcaldy) Ltd



Rector's Letter

Dear Friends

Autumn: a time of fruitfulness and harvest; a time of beauty and abundance; a time heralding golden colours that are just now being triggered by the arrival of colder nights; and a period of thankfulness for all that God gives us. This creation season reminds us that there is something brighter, more wonderful, glorious and just plain 'bigger' than all the things that may weigh heavy on our hearts and cause us to worry.

Our Harvest Gospel sees Jesus being seemingly insistent that we shouldn't worry. "Do not worry..." he says about what we will eat, or what we will wear, emphasising just how much God loves us; we, the people that are the pinnacle of his creative powers, are stunning representatives of his care and attention; more even than the beauty of the chattering charms of goldfinches that will waste half of the seeds they extract from winter teasel-heads, or the swathes of bluebells that will once again adorn the woods in Ravenscraig Park next spring.

Jesus had a habit of teaching with precisely chosen words that formed a two-edged sword of hope and challenge to the great variety of those who followed him then, and today. For the struggling, the hungry and poor to whom Jesus offers hope and healing, the idea of 'not worrying' about food and clothing can provide the reassurance needed to trust in the God with whom he was so obviously intimate. There will always be times when we face unforeseen expenses, broken bones or relationships, and read stories of drought, flood, volcanic eruption etc.... These are the times when God's presence may seem distant and the battery low on the remote control of our prayers for his intervention. And yet, there are always people who come alongside us in our need, who step in to rescue what they can and provide scientific

and medical care, and communities who come together to support each other and their neighbours. Those are the gifts of the Spirit that are the flowering and beauty of human nature, and which sing their witness to God's presence and creative powers.

However, for the law-makers and those entrusted with the stewardship of God's riches and spiritual promises to his people, Jesus' message wasn't 'everything is going to be OK, so don't worry', but was more 'everything is not OK, so consider...?' "Consider" as the King James Version has it, rather than "see" as we may be more used to in modern translations. Whilst we should indeed stop and soak up the wonders of creation around us, partly as a way of not to worry quite so much about what is going on in our own lives. Instead, we are called to consider whether the pastures that surround us are as green as they should be, or the trees fruiting as abundantly as they used to. When God was speaking through the prophet Joel to the people of Judah, reminding them of the abundant harvest that surrounded them, there wasn't a climate crisis, or over-grazing, or neatly manicured graveyards, or a high mortality rate among the wild animals that naturally hold to their centuries-old seasonal movements – often across our roads.

Quite rightly, our celebration of harvest should be a time of thankfulness for all that we still have by way of abundant crops and hard-working farmers capable of feeding our nations. We should also take time to set aside our worries for a few moments, and enjoy the blessings of the natural world around us which serve to remind us that we can trust God more than perhaps we tend to, and not store up for ourselves in our earthly lives more than is strictly necessary.

But we should also consider carefully where our priorities lie, both in terms of our care for creation, and by taking a long-view of our spiritual well-being, at least some of which will depend on the richness

and abundance of our reflections on the natural resources that are our inheritance. This isn't about preservation for the sake of stagnation, but about taking our role as Kingdom-builders for God seriously (Matt 6:33), just as we are reminded in the closing words of our Gospel. Our role in harvest-gathering today, is to sow seeds for our futures, and for future generations, trusting the God who wants us to propagate a harvest of righteousness. That means planting a right-relationship with him and the creation he commissioned us to tend and steward carefully, so that it's splendour and beauty will continue to feed his world for perpetuity, both physically and spiritually.

With thanks to you our creator God,
we have celebrated the gifts of the harvest in creation
and the work of those who manage the land
for the feeding of the nations.

We have heard about the work of some who seek
to make the world a better place for their neighbours,
and listened to God's Word
asking that it might change the way we live our lives.

We have shared our offerings to help those whose harvest is poor,
and whose need is great.

We ask you now to bless these gifts,
that they might bring joy and hope to those who receive them,
and the knowledge that they are loved by us, and you;
in the name of Jesus Christ, our Lord.

Amen.

Blessings

Christine

St James the Least of All



On what clergy should wear on their feet

The Rectory

St James the Least

My dear Nephew Darren

Thank you for sending me the photograph of you having your face painted at your parish's 'Fun Day' - although I can't help feeling that to label an event 'fun' is the most effective way of draining it of all amusement whatsoever. Why on earth can't parishes continue with the traditional title of 'Crowning of the Rose Queen and Fete', equally traditionally grimly enjoyed to the accompaniment of thunder and torrential rain.

However, the one thing that caused me the greatest concern in your photo was the fact that you were wearing sandals. Sandals are *only* to be worn by Franciscan monks (without socks) and holidaymakers on Blackpool promenade (regrettably, generally with socks). I know that you will argue that Jesus wore sandals. This was mainly because reliable pairs of brogues had yet to be invented, but also because He lived in a hot, dry country. We live in a cold, wet one.

The only appropriate colour for footwear for a parish priest is black, and the only appropriate material is leather - although I will concede that can create difficulties. Wet leather shoes and polished marble sanctuary floors are a potentially lethal combination.

I well remember as a curate when old Canon Griffith entered the Sanctuary, having just got drenched coming from the Rectory. His feet moved across the marble floor some miles per hour faster than the rest of his body. Had he landed face down, the congregation may have assumed he was reverently prostrating himself before the altar. But lying in a supine position, staring in a dazed state at the rafters, only conveyed inappropriate indolence, when he should be at work.

However, do not take the alternative of wearing crepe soles. I suspect your present church will be fully carpeted - it seems to go with your sort of theology - and there will be no problem. But crepe soles and any sort of polished stone floor are a truly disastrous mixture. The slightest movement will make it sound as if you are being followed by a swarm of demented frogs.

Your loving uncle,

Eustace

"Did You Know?"

1. The Eiffel Tower can grow more than 6 inches in summer.
2. A single cloud can weigh more than a million pounds.
3. Honey never spoils and can last for thousands of years.
4. The shortest war in history lasted 38 minutes.
5. Bananas are berries, but strawberries are not.
6. A blue whale's heart is the size of a small car.
7. The total weight of all ants on Earth is greater than all humans.
8. Wombat faeces are cube-shaped.
9. Octopuses have three hearts.
10. There are more trees on Earth than stars in the Milky Way
11. The longest hiccups lasted for 68 years
12. Sea otters hold hands when they sleep to keep from drifting apart
13. A jiffy is an actual unit of time: $1/100^{\text{th}}$ of a second
14. Humans share 50% of their DNA with bananas.
15. Cleopatra lived closer to the Moon landing than to the pyramids' construction.
16. Cows have best friends and get stressed when separated.
17. Venus is the hottest planet in our solar system, not Mercury.
18. Water can exist in three states at once, called the triple point.
19. The world's deepest postbox is 10 meters underwater in Japan.
20. Pineapples take about two years to grow.
21. There are more possible chess games than atoms in the observable universe.
22. Peanuts are not nuts, they are legumes.
23. Avocados are a fruit, not a vegetable.
24. Sloths can hold their breath for longer than dolphins.
25. Scotland's national animal is the unicorn.
26. Your nose and ears never stop growing.
27. The world's largest desert is Antarctica, not the Sahara.
28. A group of flamingos is called a flamboyance.

General Synod 2026

For the past several years, General Synod met at St Paul's and St George's, Edinburgh, delegates making their own arrangement for overnight accommodation for their two night stay. For me and also for our Rector Christine it was always the Travelodge on Queen Street, a short distance from the venue.

However, this year the whole of Synod was held at the University of Stirling with delegates given rooms in the student accommodation - with the Bishops of our Church and some other staying in the Stirling Court Hotel which is part of the University campus.

I must admit I was very concerned about the new venue but you know, I was pleasantly surprised and I think this was actually one of the better Synods.

The Agenda was much as usual with items of finance, net zero, etc in fact very much like our own AGM at St Peter's but with update on the Churches Legacy of Slavery Working Group and Inter church relations and the commitment to the Anglican Communion.

However, we had a guest speaker - the General Secretary of the Anglican Communion on his first visit to Scotland, Bishop Anthony Poggoo who addressed us very warmly.

This was a Synod of firsts and lasts as it was Bishop Dagmar of Edinburgh's first Synod but also our own Bishop Ian's very last Synod as he retires on 1st November this year. An acknowledgement of this was made to him by the Primus at the last session on Saturday morning Bishop Ian graciously acknowledged this with, I have to say, a few tears.

Synod is always a social occasion, a chance to meet up with those you only see at once a year. We had a formal dinner one evening but on the Friday evening a quiz was organised and held at the Students Union. It was great fun with much laughter. Our Bishop Ian was on my team. However, sorry to say he wasn't much help and we finished 2nd last!!

I should add there are much more comprehensive reports already on the website ie Scotland.anglican.org, or the Facebook page of the Scottish Episcopal Church.

Shirley Mann

Bible Word Search: COUNTRIES OF THE BIBLE

R	Q	M	G	A	M	H	Q	A	S	K	S	T	L	S
Q	M	A	D	C	B	Q	S	A	P	U	F	U	V	C
L	H	C	D	D	N	I	M	O	R	I	O	P	L	R
W	T	E	D	P	A	A	F	P	R	H	N	A	S	E
J	O	D	O	M	R	K	Y	D	G	S	B	I	K	T
S	Y	O	I	I	C	C	K	S	A	I	K	A	Y	E
B	A	N	A	I	T	S	I	L	I	H	P	H	K	L
B	O	I	I	H	J	G	A	X	E	S	O	C	G	B
R	A	A	S	A	A	I	P	G	J	R	J	A	O	X
I	V	B	A	R	P	M	Y	A	N	A	A	N	A	C
W	N	H	Y	O	E	P	R	L	Y	T	H	H	R	H
Z	M	D	I	L	T	P	R	A	M	E	L	I	T	A
S	S	H	I	O	O	X	X	T	G	H	A	D	U	J
S	T	Z	U	A	D	N	O	I	W	O	Q	C	N	U
E	A	S	S	Y	R	I	A	A	U	E	T	T	G	J

ASSYRIA

PERSIA

ROSH

PUT

GALATIA

CYPRUS

MELITA

CANAAN

TOGARMAH

ACHAIA

ASIA MINOR

PHILISTIA

CRETE

EGYPT

BABYLON

TARSHISH

MACEDONIA

INDIA

SAMARIA

ETHIOPIA

JUDAH

Instructions:

Find and circle the words from the list. Words may be forward, backward, vertical, or diagonal within the puzzle.

50th Anniversary Weekend 5 and 6 September 2026

What a fabulous weekend! We planned, made arrangements and kept fingers and everything else firmly crossed that all would be well and the weather fine..... Well, it was wonderful and the weather just perfect.

Saturday 5 September

Our guests arrived around 2 pm and the chairs and tables decorated with flowers soon filled. Our Hall was full all afternoon with sounds of happy chatter as the many cups of tea coffee or juice were filled and refilled. The



congregation and many guests enjoyed a fabulous selection of sandwiches, sausage rolls and tasty cakes of all shapes and sizes baked by members of the congregation and friends. In the small hall there was a display of memorabilia curated by Jane Legge and Maria Page consisting of wedding photographs from past and present, photographs of functions and church activities. At around 4 pm the Hall started to clear and the tidying up began. This was not a complete tidy up as we had to prepare for the refreshments following Sundays 50th Anniversary service and many thanks to everyone who helped in any way with special thanks to Rosemary Potter who offered the use of the large fridge at the old Kirk to keep things fresh.



Sunday 6 September

Soon it was Sunday and we were all back at Church to get ready for the 3 pm service (to be honest it felt like we'd all been living at St Peter's that weekend)

Our guests and visitors along with the congregation soon filled the pews and more seating had to be arranged.

The Anniversary Eucharist started just after 3 pm and our Bishop, the Rt Rev Ian Paton, on his last visit to St Peter's before retirement, preached, lead prayers and presided. During the service the Bishop dedicated the new stained glass window which was much admired and towards the end of the service Canon Christine presented him with a gift from the congregation of 8 olive tree saplings, purchased through Christian Aid which will be planted on his behalf in Palestine. The Bishop's wife Carrie was presented with a bouquet.



At the end of the service there was a big surprise for George and Jane Legge when Bishop Ian presented them with the St William of Perth medal. George was, for many years, Fabric Convener not only organising contractors but even doing remedial work himself. Jane intimated that for many years, 'if George was not on the bowling green he was likely to be found at St Peter's'. Jane, who has been Flower Convener for many years creating many super arrangements, also assisted George with the upkeep of the Peace Garden. (Note: We also discovered that they had been present at the laying of the foundation stone of the Church in 1976). They have indeed been long and faithful members of the St Peter's congregation and this award was very much deserved.



Following the service, everyone enjoyed refreshments and socialising. It was a truly wonderful and memorable weekend and thanks are due to everyone who helped to make it so successful. Here's to the next 50 !!

Shirley Mann

SKILLS WE'RE LOSING IN THE DIGITAL AGE

A SPECIAL REPORT ON PRACTICAL KNOWLEDGE AND MENTAL AGILITY



HANDWRITING & CURSIVE WRITING

Legible, structured handwriting and personal note-writing.



REPAIR CULTURE

Fixing clothes, appliances, furniture — instead of replacing them.



GARDENING & GROWING FOOD

Understanding soil, seasons, and composting cycles.



MENTAL MATH

Quick arithmetic without calculators or apps.



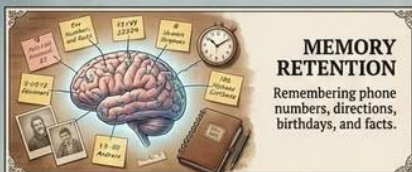
FOOD PRESERVATION SKILLS

Fermenting, pickling, sun-drying, and storing seasonal produce.



CONFLICT RESOLUTION FACE-TO-FACE

Handling disagreement without digital avoidance.



MEMORY RETENTION

Remembering phone numbers, directions, birthdays, and facts.



BASIC COOKING FROM SCRATCH

Making meals without processed shortcuts.



MAP READING & SPATIAL NAVIGATION

Using physical maps or navigating without GPS.



BASIC FIRST AID KNOWLEDGE

Handling minor injuries without immediate medical attention.

Drinking from the Saucer

I've never made a fortune,
And I'll never make one now
But it really doesn't matter
'Cause I'm happy anyhow.

As I go along my journey
I'm reaping better than I've sowed
I'm drinking from the saucer
'Cause my cup has overflowed.

I don't have a lot of riches,
And the going's sometimes tough
But with kin and friends to love me
I think I'm rich enough.

I thank God for the blessings
That His mercy has bestowed
I'm drinking from the saucer
'Cause my cup has overflowed.

He gives me strength and courage
When the way grows steep and rough
I'll not ask for other blessings
For I'm already blessed enough.

May we never be too busy
To help bear another's load
Then we'll all be drinking from the saucer
When our cups have overflowed.



PLUMBING AND HEATING ENGINEERS

Our Family Serving Your Family, Since 1926

74 Saunders Street, Kirkcaldy, Fife KY1 1TY

Email: wishartplumber@aol.com

www.wishartplumbing.co.uk

Contact us on

01592 260457 or 0800 037 2065



BECAUSE

Because the rivers do not drink their water.
Because the fruit trees don't devour their crop.
Because the Sun gives light to all Creation
The selfishness of humans has to stop.

For nature shows how we should live for others,
Forego possessiveness and learn to share,
And in a deep contentment to the planet
Reflect Gods generosity and care.

Because the world with purpose and with beauty
Produces daily liturgy for God
We have no right to sabotage the pleasure
Of nature offering worship to the Lord.

Instead we should seek harmony with Nature,
Become the willing servants of the Earth.
Enabling it to fertilise and flourish

Forever bringing life and hope to birth.

Because the World was living long before us
And poses no threat to humanity.
Because its health and beauty can restore us,
We must respect its great integrity.

So let us work to guarantee all people
Have food and freedom, health and happiness
By sharing of the good that God has given
With all the faith and justice we possess.

Praise to the Lord and lover of Creation,
Praise to Him in whom all life is bound.
Praise to the ever active Holy Spirit –

This Hymn comes from Uruguay and has been translated and is reproduced courtesy of Rev. John Bell of the Iona Community



Paul Kelly Roofing Ltd

Roofing Contractor & Building Maintenance



Unit 12 Carwhinny, Mitchelston Ind Est, Kirkcaldy, Fife, KY1 3LS

Tel: 01592 263024 **Email:** info@pkroofing.com **Web:** www.pkroofing.com



Halls for Hire and Bookings

We are open for bookings!

NOW with recently installed WiFi
Internet access



THE PREMISES ARE LET OUT IN SESSIONS OF 4 HOURS:

SESSION 1: 0900-1300

SESSION 2: 1300-1700

SESSION 3: 1800-2200

COST: (Including one free car parking place)

CHURCH: £30 - £40 PER SESSION CAPACITY 80

LARGE HALL: £30 PER SESSION CAPACITY: 50

SMALL MEETING ROOM: £20 PER SESSION CAPACITY 12

A booking form with full details is available for download from the website: www.stpeterskirkcaldy.co.uk.

For further information please contact Andrea Ladyka:

Email: bookings@stpeterskirkcaldy.co.uk Mobile: 07740910221

Napoleon and Pasteur

Some years ago a poll was taken in France to decide the most distinguished Frenchman of all time. Napoleon, despite his gigantic tomb, and the Arc de Triomphe, his own personal tribute to his military might, did not come near the top of the poll. Number one was the scientist Louis Pasteur, a man who, though partially paralysed, did so much to enrich human life. He not only established the science of bacteriology, but did a vast amount of work to improve French industry and agriculture. It was Pasteur's dedication to the world of pure science and the welfare of humanity which made him such a well-loved figure. The famous Pasteur Institute in Paris still carries on his work on contagious and other diseases. From that well which Pasteur dug, the world still draws benefit. Every time we drink pasteurised milk we stand in his debt.

'A study of the history of any country reveals its Napoleon's and Pasteur's. Germany had its Kaisers and Hitlers, obsessed with their own power and glory, but Germany also had its George Frederick Handel concerned to enrich the world with great music, and its Dietrich Bonhoeffer, a Lutheran Pastor, executed for his strong 'opposition to the Nazi regime. America had its Mafia god-fathers, but also its Franklin D Roosevelt, concerned about a new deal for the underprivileged, and its Martin Luther King with his dreams of a more just and brotherly world. Italy had its Caligula's and Nero's, but also its Michelangelo concerned to beautify the world with his sculptures and paintings, and its St Francis concerned to sow love where there is hate, faith where there is doubt, light where there was darkness.

The world finally remembers with affection those who serve it. History also finally honours those who seek to enrich and enlarge the lives of others.

From Uncommon Sense by James A. Simpson

Story Behind the Song

“How Great Thou Art”

This well-loved hymn, made famous by the Billy Graham crusades, has one of the most fascinating histories of any modern hymn. It was written in many different countries and diverse languages over the course of 70 years with the input of several translators who never met!

The life of this hymn began in 1886 on a picturesque estate on the southern coast of Sweden. Carl Boberg, a member of the Swedish Parliament, was walking across the grounds of a well-kept estate and was caught in a sudden summer thunderstorm. Taking cover under some trees, he watched as the sky changed from angry blacks and greys streaked with flashes of lightning to clear, bright blue again. In the stillness after the storm, Boberg heard the birds begin to sing. After returning home, he put his thoughts on paper in a poem he entitled, “O Stor Gud” (translated as, “O Great God”). The poem was later published and was translated into German, then into Russia.

It was at that time the hymn fell into the hands of Mr. & Mrs. Stuart Hine, an English couple serving as missionaries in the Ukraine. Initially they would sing the hymn as a duet, and they were impressed it had on those who had never heard the Gospel before. They decided to translate it into English. So the first three verses of “How Great Thou Art” were written. After World War II broke out, the Hines returned to the safety of Great Britain. There they ministered to the displaced people of the war. Those people would ask, “When will we be going home?” That caused Mr Hine to write the fourth stanza, speaking of that final Homegoing of all believers. The song was published in 1949.

Everything I need to know about life, I learned from Noah's Ark...



- 1** Don't miss the boat.
- 2** Remember that we are all in the same boat.
- 3** Plan ahead. It wasn't raining when Noah built the Ark.
- 4** Stay fit. When you're 600 years old, someone may ask you to do something really big.
- 5** Don't listen to critics; just get on with the job that needs to be done.
- 6** Build your future on high ground.
- 7** For safety sake, travel in pairs.
- 8** Speed isn't always an advantage. The snails were on board with the cheetahs.
- 9** When you're stressed, float a while.
- 10** Remember, the Ark was built by amateurs; the Titanic by professionals.
- 11** No matter the storm, when you are with God, there's always a rainbow waiting..

Bible Word Search: Countries of the Bible (SOLUTION)

```

+ + M + + + H + A S + S T + +
+ + A + + + + S A + U + U + C
+ + C + + + I M O R + + P + R
+ + E + + A A + P R H + A + E
+ + D + M R + Y + + S + I + T
+ + O I I + C + + + I + A + E
+ A N A I T S I L I H P H + +
B O I + H + + A + E S + C + +
R A A S + A I + G + R + A + +
I + B + R P M Y A N A A N A C
+ N + Y O E P R L + T + + + +
+ + D I L T P + A M E L I T A
+ + H I + O + + T G H A D U J
+ T + + A + N + I + O + + + +
E A S S Y R I A A + + T + + +

```

(Over, Down, Direction)

ACHAIA (13, 9, N)
 ASIAMINOR (9, 1, SW)
 ASSYRIA (2, 15, E)
 BABYLON (1, 8, SE)
 CANAAN (15, 10, W)
 CRETE (15, 2, S)
 CYPRUS (7, 6, NE)
 EGYPT (10, 8, SW)
 ETHIOPIA (1, 15, NE)
 GALATIA (9, 9, S)
 INDIA (1, 10, SE)

JUDAH (15, 13, W)
 MACEDONIA (3, 1, S)
 MELITA (10, 12, E)
 PERSIA (7, 12, NW)
 PHILISTIA (12, 7, W)
 PUT (13, 3, N)
 ROSH (10, 4, NW)
 SAMARIA (10, 1, SW)
 TARSHISH (11, 11, N)
 TOGARMAH (12, 15, NW)

The Hidden Meanings Behind Famous Book Titles

1. To Kill a Mockingbird - Innocence destroyed by injustice; the “mockingbird” symbolizes purity and goodness.
2. The Great Gatsby - “Great” is ironic; Gatsby's dream is grand, but his reality is hollow.
3. Of Mice and Men - Comes from a Robert Burns poem about broken dreams — just like George and Lennie's.
4. Fahrenheit 451 - The temperature at which paper burns — and books are destroyed.
5. The Catcher in the Rye - Holden dreams of “catching” children before they fall into adult corruption.
6. Lord of the Flies - Literally translates to Beelzebub a name for the devil - chaos and evil within man.
7. Animal Farm - A simple name for a deep political satire about power and corruption.
8. Brave New World - Taken from The Tempest — irony for a “new world” that's actually soulless.
9. Gone with the Wind - Symbolizes how love, culture, and innocence disappear after war.
10. The Picture of Dorian Gray - The painting represents the soul — decaying while he stays young.
11. The Old Man and the Sea - The endless struggle of life itself; man vs. nature, pride, and fate.
12. Wuthering Heights - The word “wuthering” means wild, stormy — just like the passion inside it.
13. Crime and Punishment - Both physical and psychological — the real punishment is guilt.
14. Frankenstein - The creator, not the creature — a warning about man's obsession with control.
15. Catch-22 - A no-win situation — a loop of logic that traps everyone.
16. The Grapes of Wrath - Taken from a hymn — anger rising like “grapes” ready to burst.

Help Bring Comfort to Scotland's Smallest & Most Vulnerable Babies

ScotSTAR is a division of the Scottish Ambulance Service specialising in the transfer of critically ill patients across Scotland.

Currently, during infant retrievals, ScotSTAR are able to provide donated quilts and clothing to help keep babies warm and comforted during transport. These precious handmade items are then gifted to parents afterwards — something that can mean so much, especially in times of loss.

As the service prepares to move base, they may no longer have access to these donated supplies and are now respectfully asking for help.

Items Needed

Suitable for babies weighing 300 grams to 4.5 kilos, no holes for little fingers and toes.

Quilted comforters

Approx. 16" square (sizes do not need to be exact)

Plain knitted or crocheted blankets

Approx. 16" square

(These are laid over baby during transport, so slightly larger or smaller is absolutely fine)

Plain knitted hats, mittens & booties in very small baby sizes
Here's the pattern I use for baby hats

Hospital Baby Hat

Using Size 4 needles

- Cast on 48 stitches (for bigger sizes add 4 stitches)

First Row - Knit 2, Purl 2 (to the end of row) Repeat First Row until rows measure 1.5 inches

- Right side facing continue in stocking stitch for 4.5 inches (starting with a knit 1 row - purl 1 row)

To Finish Off:

Right side facing: - Knit 2 followed by Knitting 2 together to end

Next Row: - Purl Row

Next Row: - Knit 1 followed by Knitting 2 together to end .

Next Row: - Purl Row

- Next Row: - Knit 2 together for the whole row

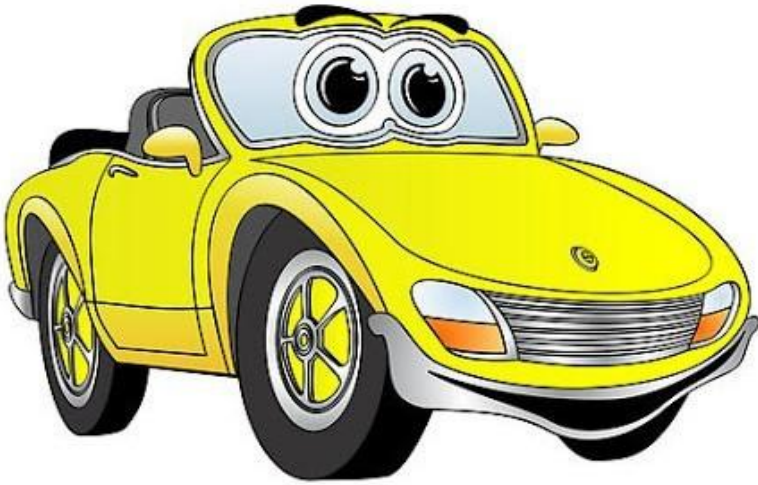
Next Row: - Purl Row

Cut enough length of wool

- Using darning needle pass through remaining stitches and pull together. Continue to sew up on

If you wish to help, please give donations to Marjorie who take them to Cupar Quilters who are helping ScotSTAR with this project.

Looking for a Parking Space ?



Plenty of spaces at St Peter's Church

Easy access at Townsend Place, Kirkcaldy KY1 1HB

Low cost parking—£60 per quarter (less than £5 per week!)

Just a 5 minute walk from the High Street

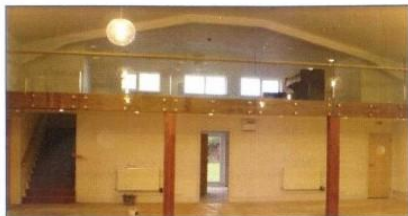
Spaces available from 07.00 to 18.00 hrs. Monday to Friday No parking on Sundays due to Church Services

e-mail Maria Page – billmariap@virginmedia.com

John Smart & Son (Kirkcaldy) Ltd

Joiners and Building Contractors *(established 1914)*

All Trades Work Undertaken
General Maintenance and Home Improvements
Extensions and Dormer Extensions
Disabled Access Works
Wet Floor Showers and Bathrooms



37 Mitchell Street, Kirkcaldy, Fife KY1 1BD
Tel: (01592) 260549 Fax: (01592) 595960
Email: johnsmart@uk2.net
www.johnsmartjoiners.co.uk





St Peter's Church
19 Townsend Place
Kirkcaldy KY1 1HB

Rector: The Rev, Canon Christine Fraser
St. Peters Rectory
1 Longbraes Gardens
Kirkcaldy KY2 5YJ

Registered Charity Number: St Peter's with Ss Mary and Leonard
SC010443

CONTACT is printed by the **Central Print Unit** of Fife Council; and is
also available at: **St. Peter's Website:** www.stpeterskirkcaldy.co.uk